

FEDERATION MENTAL HEALTH DAY

Tuesday 10th October

On 10.10.23 the Infant and Junior School will be holding a day in aid of Mental Health awareness.

This year's theme will be "**Unique Me**" so we are asking children to dress as something that represents them for the day. For example, these could be clothes that make them feel happy, an outfit of a hobby they do, something they want to be when they are older etc.

Instead of bringing money into school like other dress down days, please make donations directly to MIND charity website at:

www.mind.org.uk/donate

We look forward to seeing how the children choose to represent themselves!