

NON CONTACT KARATE TAUGHT BY FULLY QUALIFIED INSTRUCTORS



**EVERYONE WELCOME
FROM 4 YEARS OLD**



**WE TEACH TRADITIONAL KARATE
ENCOURAGING CONFIDENCE, RESPECT,
DISCIPLINE, SELF AWARENESS AND AGILITY IN
A FUN & CONTROLLED ENVIRONMENT. ALL
CLASSES ARE FRIENDLY, INFORMATIVE &
CATER TO THE INDIVIDUAL NEEDS OF THE
STUDENT.**



**FOXHILLS JUNIOR SCHOOL
MONDAYS 3.10PM – 4.10PM**

**JUNIORS £6.50 PER CLASS – PAY AS YOU GO
MEMBERSHIP REQUIRED AFTER FIRST CLASS - JUNIORS £27.50 PER YEAR**

MANY MORE CLASSES TO CHOOSE FROM, FIND THEM ALL AT: WWW.SOUTHERNKARATE.ORG

**FOR MORE INFORMATION AND TO BOOK YOUR PLACE
EMAIL: info@southernkarate.org**

Tel: 07764 478507



**Child Protection
in Sport Unit**

