#### **GREEK BOY'S CLOTHES**

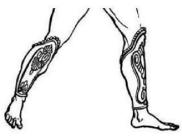


An ex- large white adult T shirt will make a good tunic. Tie it round the middle with good cord.

### HOW TO DRESS AS A WARRIOR



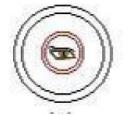
To make warrior body armour, you can use cloth or cardboard. Remember you have to be comfortable and be able to sit down while wearing your armour.



A good starting point is football shin pads. Secure your Greek greaves to them. You can make them from cardboard and tied around the back of your legs as well.

### **GREEK SHIELDS**







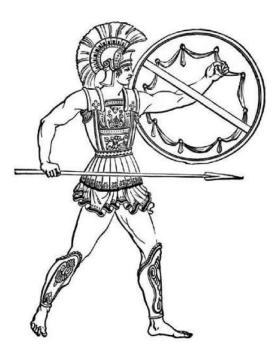






u will need a LARGE Circle of thick, strong cardboard. 2 ng strips of strong cardboard. Long split pins. ake sure you cover the ends of the split pins with aster or sticky tape.

int you shield. u can see some ideas at the top of the page.



Secure one of the long pieces of card across the middle of the back of your shield.

Place the other long piece of card where you can see the warrior's hand.

This is how you will hold your shield, so make sure these two pieces of card are securely fixed!

## HELMETS, SWORDS AND SPEARS



You need to make a framework of strips of card that fit your head, or start with a baseball cap wearing it backwards.

Cover your cardboard framework with light card. To make the face mask, cut from one piece of light card and attach to the frame work or cap. **REMEMBER**, that you have to be able to see out the eyeholes. Spray gold.

If you want a sword, make it from cardboard, no hard plastic swords or wooden swords will be allowed. You can get good soft foam swords from supermarkets and toyshops. Greek swords were quite short, so you will need to cut them down.

If you want a spear, make it from cardboard too. Make sure the spear point is blunt and safe.

Any weapons that do not meet t he workshop le ader 's safety standards will be confiscated.



Come as a Greek God or Goddess. You will have to do some research and use your imagination. See if anyone can guess who you are.

# DRESSING AS ANCIENT GREEK GIRLS



All Greek clothes were made from large rectangles of cloth with a minimum amount of sewing. They can be made from old sheets of any colour. Greeks used linen and woolen cloth to make their clothes. Please remember it gets cold in Ancient Greece, just as it does in Britain, dress to keep warm! Wear an under dress or adult size white T shirt under your peplos or Chiton. Wear Greek style jewelry.

This is a PEPLOS

