

FOXHILLS JUNIOR SCHOOL

Foxhills, Ashurst, Hampshire, SO40 7ED adminjuniors@foxhillsfederation.co.uk www.foxhillsjuniorschool.co.uk (023) 8029 2126 Headteacher: Mrs Lucy Howe

Year 5 Swimming Programme 2024

January 2024

Dear Parents

I am writing to you about the current swimming provision that we are providing Year 5 this academic year. Learning how to swim and being competent in the water in a range of situations is an essential skill to learn, particularly as we live so close to the waterside and, as an island, are totally surrounded by water! Therefore, we have arranged that each class will receive 6 x 30 minute swimming sessions over the course of 6 weeks at Totton Recreation Centre on Tuesday 20th, 27th February, 5th, 12th, 19th, 26th March with qualified swim instructors.

The sessions will be progressive depending on each child's individual ability and will help them move towards being able to swim at least 25m, use a range of swimming strokes effectively and being able to perform safe self-rescue in different water based situations.

In order to keep costs to a minimum we have booked the swimming pool, instructors, school minibus and a second minibus. The school will subsidise the cost of each session and are asking parents to make a contribution towards the transport of £11 (£1.83 per visit). To help spread out the payments you can make small contributions through the online payment system however; we do ask full payment is received by Tuesday 20th February. if you wish to discuss payment, please speak to the school office team.

The timings for each class will be as follows:

5 Elder: 9:30-10am

5 Oak: 10-10.30am

5 Redwood: 10.30am-11am

Please fill in the reply slip below by Tuesday 6th February and return with your payment to the School Office by Tuesday 20^h February.

Yours sincerely

Miss Hogbourne Year 3 Teacher & PE Lead

YEAR 5 2024 SWIMMING PROGRAMME REPLY SLIP

Child's Name: Class:	
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I give permission for my child to attend the swimming lessons

	Please tick one response for each statement		
CLASS	UNABLE TO	BEGINNING TO	COMPETENT
My child is able to swim at least 25 metres confidently			
My child can use a range of swimming strokes effectively			
(incl. front crawl, backstroke and breaststroke)			
My child is able to perform safe self-rescue in different water-based			
situations (e.g. float, tread water, wear clothes)			

I enclose payment of £11 for my child's visits (please tick, as appropriate) Cash Cheque Online payment *