



# SC000025619: Squashing the myths about veg this half term



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We're squashing the myths about veg as we love to get kids eating veg as part of their school lunch. During half term in Andover, Gosport and Fareham, families can join us at the library for some free events.

They can try two vegetable-based recipes for free; when they're gone they're gone so get there early! Join us to talk about school lunches during Green & Thrifty Fortnight, how they're sustainable, find info about free school meals, and get free budget and family recipe books to take-away. We'll have lots of fun with our veg shaped selfie props and the library will be providing veg-tastic craft activities from Junk Jodie as part of this event.

At Andover library, Year 6 pupils from Endeavour Primary who are healthy eating ambassadors will also be chatting to children about eating well. Suitable for families with children age 4-11 years.

Resources for Eat Them To Defeat Them available on our web pages.

14 Feb 10-11.30 am - Andover library  
15 Feb 10 - 11.30 am - Gosport Discovery Centre  
15 Feb 1.30 - 3 pm - Fareham library

## More information



Eat Them To Defeat Them web pages



Andover event



Gosport event



Fareham event