



Foxhills Federation Sports Festival

This year, our Federation sports day will take place as a sports festival to promote healthy competition and maximum participation in physical activity. The sports festival will run from 9:15 until roughly 12:15pm.

The children will rotate around 17 stations:

- speed bounce
- step in and out
- self-rally
- throw game
- points in a hoop
- target throw
- hockey agility dribble relay
- football agility dribble relay
- egg & spoon relay
- shuttle run relay
- skipping
- cross the swamp
- slalom agility relay
- sprint race
- 3 separate rest stations

At each station, the children will be working in houses, as a team, to compete against each other by gaining the most points. The house with the most points will be the overall winner on the day. At each station, the results for each group and house will be recorded and teachers will announce the winners after each activity. Throughout the event, we will give live updates about the leader board.

Children are expected to apply their knowledge of the six cogs they have been working on throughout the school year (Personal, Social, Cognitive, Creative, Physical and Health and Fitness) when undertaking each activity. To ensure all children are suitably challenged, each activity has been adjusted for EYFS, KS1 and KS2 as this will ensure all children can participate.

At the end of the morning, approximately 11:45, we will have final competitive running races. These races will be for the fastest two children in each house (boys and girls) and have been determined after the heats that have taken place in school this week. The sprint finals will be:

- Year R and 1 - 25m sprint
- Year 2 and 3 - 50m sprint
- Years 4 and 5 - 75m sprint
- Year 6 - 100m sprint.

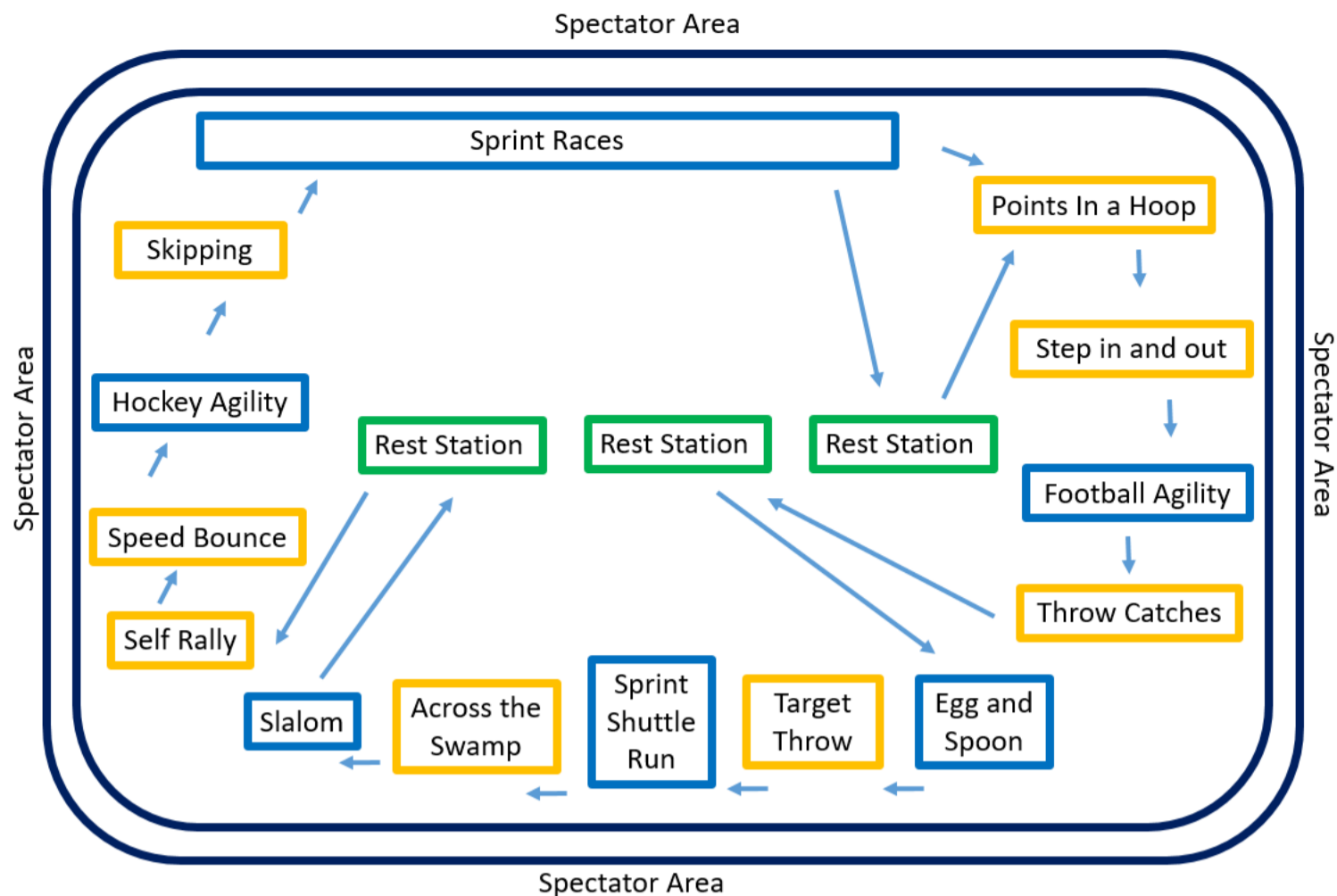
After these races, the junior school children will then participate in a relay race (participating children have been selected from the heats this week).

Our aims for sports day is that all children can participate, be active, have fun and enjoy the experience. We also want to build positive relationships through team- work, and we look forward to welcoming you to this event.

In the event of rain, we will notify you 48 hours in advance if we need to postpone the day.

Please see below for more detailed information.

Layout of the events for the sports day



There will be three rest stations where children can have a drink and a snack.

Logistics for the event

Foxhills Federation children

The children have been divided up within their year groups into houses and will be lead by a teacher (Year R,1,2 and 3 are in 2 groups per year group and Year 4,5 and 6 are in 3 groups per year group). The children will stay in these groups throughout their time at Foxhills.

Each group will have children from each house and they will be competing against each other to try and gain the most points for their house.

There are 17 stations at the event and these will be inside the centre of the all-weather track on the field.

The children are to stay with the teacher for their group and will be accompanied to the toilet by a member of Foxhills staff.

Parents

On the day, please can you ensure that your child is sent in with a water bottle, sun hat, sun cream and a snack (Juniors only, infants will have their fruit snack provided by school).

Please can you enter / exit the school grounds through the junior playground gate, which will be manned by a member of staff and make your way to the school field.

On the outside of the all-weather track there are chairs at each station where you can watch the children participate in each activity. We ask that all spectators stay this side of the track.

Slips will be sent home to inform you of the group your child is in, the adult in charge and the order of the activities. You will also be advised if your child is running in the races, following the heats.

Photos may be taken, videos too, but please ensure they are of your own child(ren) only. If you intend to post on social media, please ensure you have consent from other parents (Some children do not have photo consent).

Spectator toilets can be accessed via the playground and will be clearly signposted.

Please note: the school playground is only for use for Foxhills Federation Children. If you have any questions please do not hesitate to speak to a member of the Foxhills Federation Team.

Timings for the Foxhills Federation Sports Festival

9:15 – Opening to the sports festival.

9:25 - All federation to move to their first activity with their teacher. These activities are designed to promote team work and to earn points for their houses. You are extremely welcome to accompany the children around the carousel of activities but please do stay within the spectator area.

11:45 – Sprint race finals (whole federation) and relay race (Juniors only)

12:15 – Closing to the sports festival.

Throughout the event the FOF'S will be selling soft drinks, which are for spectators only.

School staff will ensure that children's water bottles are filled up using the outside taps (drinking water).

We would like to thank James Cross and the Testwood students for helping out on each activity and Mr Dumper for being the MC for the event.

We hope you enjoy our federation sports festival and if you have any queries or questions please do come and speak to any member of the Foxhills staff.

The school day will finish at the usual time and we will dismiss children in the usual way.